

# Donut Connection

## Cinnamon Sugared Apple Crisp Cake Donut

Artificially Flavored  
Fried in Dawn #00896962 ZGTF Fry Shortening

<b>Nutrition Facts</b>	
Serving Size 62g (2.2oz or 1 Donut)	
<b>Amount Per Serving</b>	
<b>Calories</b>	250 Calories from Fat 140
	<b>% Daily Value</b>
<b>Total Fat</b> 15g	23%
Saturated Fat 8g	40%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	3%
<b>Sodium</b> 300mg	13%
<b>Total Carbohydrate</b> 26g	9%
Dietary Fiber 1g	4%
Sugars 12g	
<b>Protein</b> 3g	
Vitamin A 0%	Vitamin C 0%
Thiamine 8%	Riboflavin 4%
Niacin 6%	Calcium 2%
Iron 6%	Folic Acid 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

**INGREDIENTS:** ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, WHEY, WHOLE WHEAT FLOUR, COTTONSEED OIL, SOYBEAN OIL, SOY FLOUR, EGG YOLK, WATER, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), CINNAMON, NONFAT MILK, SALT, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN OIL), SOY LECITHIN, CELLULOSE GUM, ARTIFICIAL FLAVOR, PASTEURIZED SWEET CREAM, WHEAT STARCH, APPLES, CARAMEL COLOR, PROPYLENE GLYCOL, BETA CAROTENE AS COLOR, SODIUM CASEINATE, ACETIC ACID, CITRIC ACID. 022508

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, EGGS)**

Note: Nutrition statement and ingredient legend are for a finished product following label directions. Because shop conditions will vary, you may wish to confirm nutrition with an accredited laboratory.

Note: This nutritional analysis has been generated by the Dawn Label Ready™ Program. Dawn Food Products, Inc. cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Dawn Food Products, Inc.

