

# Donut Connection

## Glazed Apple Crisp Cake Donut

Artificially Flavored  
Fried in Dawn #00896962 ZGTF Fry Shortening

<b>Nutrition Facts</b>			
Serving Size 70g (2.5oz or 1 Donut)			
<b>Amount Per Serving</b>			
<b>Calories</b> 270 Calories from Fat 140			
		<b>% Daily Value</b>	
<b>Total Fat</b>	16g		25%
Saturated Fat	8g		40%
<i>Trans</i> Fat	0g		
<b>Cholesterol</b>	10mg		3%
<b>Sodium</b>	300mg		13%
<b>Total Carbohydrate</b>	31g		10%
Dietary Fiber	1g		4%
Sugars	16g		
<b>Protein</b>	3g		
Vitamin A	0%	Vitamin C	0%
Thiamine	8%	Riboflavin	4%
Niacin	6%	Calcium	0%
Iron	6%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

**INGREDIENTS:** ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, WHEY, WATER, WHOLE WHEAT FLOUR, COTTONSEED OIL, SOYBEAN OIL, SOY FLOUR, EGG YOLK, MALTODEXTRIN, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, SALT, CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, PARTIALLY HYDROGENATED VEGETABLE OIL(SOYBEAN OIL), SOY LECITHIN, CELLULOSE GUM, AGAR, CALCIUM SULFATE, POTASSIUM SORBATE (AS PRESERVATIVE), PASTEURIZED SWEET CREAM, CITRIC ACID, WHEAT STARCH, APPLES, CARAMEL COLOR, PROPYLENE GLYCOL, LOCUST BEAN GUM, MONO & DIGLYCERIDES, DISODIUM PHOSPHATE, BETA CAROTENE AS COLOR, ACETIC ACID, SODIUM CASEINATE. 022508

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, EGGS)**

Note: Nutrition statement and ingredient legend are for a finished product following label directions. Because shop conditions will vary, you may wish to confirm nutrition with an accredited laboratory.

Note: This nutritional analysis has been generated by the Dawn Label Ready™ Program. Dawn Food Products, Inc. cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Dawn Food Products, Inc.

