

Donut Connection

Glazed Blueberry Cake Donut

Artificially Flavored

Fried in Dawn #00896962 ZGTF Fry Shortening

Nutrition Facts			
Serving Size 70g (2.5oz or 1 Donut)			
Amount Per Serving			
Calories 260 Calories from Fat 100			
		% Daily Value	
Total Fat	11g		17%
Saturated Fat	5g		25%
<i>Trans</i> Fat	0g		
Cholesterol	15mg		5%
Sodium	370mg		15%
Total Carbohydrate	38g		13%
Dietary Fiber	1g		4%
Sugars	19g		
Protein	3g		
Vitamin A	0%	Vitamin C	0%
Thiamine	10%	Riboflavin	6%
Niacin	6%	Calcium	0%
Iron	6%	Folic Acid	8%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEY, PALM OIL, WATER, SOYBEAN OIL, EGG YOLK, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), MALTODEXTRIN, NONFAT MILK, COTTONSEED OIL, SALT, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OIL), WHEAT STARCH, DEXTROSE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, PROPYLENE GLYCOL, GUAR GUM, CELLULOSE GUM, RED 40, BLUE 1, CITRIC ACID, AGAR, CALCIUM SULFATE, POTASSIUM SORBATE (AS PRESERVATIVE), LOCUST BEAN GUM, BLUEBERRIES, MONO & DIGLYCERIDES, DISODIUM PHOSPHATE, GLYCERIN. 022508

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, EGGS, SOY)

Note: Nutrition statement and ingredient legend are for a finished product following label directions. Because shop conditions will vary, you may wish to confirm nutrition with an accredited laboratory.

Note: This nutritional analysis has been generated by the Dawn Label Ready™ Program. Dawn Food Products, Inc. cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Dawn Food Products, Inc.

