

Donut Connection

Glazed Cinnamon Fry Donut

Artificially Flavored

Fried in Dawn #00896962 ZGTF Fry Shortening

Nutrition Facts			
Serving Size 62g (2.2oz or 1 Donut)			
Amount Per Serving			
Calories 240 Calories from Fat 120			
		% Daily Value	
Total Fat	13g		20%
Saturated Fat	7g		35%
<i>Trans</i> Fat	0g		
Cholesterol	0mg		0%
Sodium	180mg		8%
Total Carbohydrate	29g		10%
Dietary Fiber	3g		12%
Sugars	11g		
Protein	3g		
Vitamin A	2%	Vitamin C	2%
Thiamine	15%	Riboflavin	6%
Niacin	6%	Calcium	6%
Iron	15%	Folic Acid	8%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, CINNAMON, WATER, WHEY, SOYBEAN OIL, YEAST, COTTONSEED OIL, MALTODEXTRIN, DEXTROSE, CORN STARCH, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), MONO & DIGLYCERIDES, SOY FLOUR, SODIUM STEAROYL LACTYLATE, AGAR, CALCIUM SULFATE, POTASSIUM SORBATE (PRESERVATIVE), CITRIC ACID, PROPYLENE GLYCOL, NATURAL AND ARTIFICIAL FLAVOR, LOCUST BEAN GUM, DISODIUM PHOSPHATE, WHEAT STARCH, CORN OIL, BETA CAROTENE AS COLOR, TURMERIC (AS COLOR), ASCORBIC ACID (DOUGH CONDITIONER), APO CAROTENAL, ALPHA TOCOPHEROLS AS PRESERVATIVE, TRICALCIUM PHOSPHATE. 021508

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY)

Note: Nutrition statement and ingredient legend are for a finished product following label directions. Because shop conditions will vary, you may wish to confirm nutrition with an accredited laboratory.

Note: This nutritional analysis has been generated by the Dawn Label Ready™ Program. Dawn Food Products, Inc. cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Dawn Food Products, Inc.

