

Donut Connection

Sour Cream Cake Donut

Artificially Flavored
Fried in Dawn #00896962 ZGTF Fry Shortening

Nutrition Facts			
Serving Size 51g (1.8oz or 1 Donut)			
Amount Per Serving			
Calories 210 Calories from Fat 110			
		% Daily Value	
Total Fat	12g		18%
Saturated Fat	6g		30%
<i>Trans</i> Fat	0g		
Cholesterol	10mg		3%
Sodium	240mg		10%
Total Carbohydrate	23g		8%
Dietary Fiber	1g		4%
Sugars	9g		
Protein	2g		
Vitamin A	0%	Vitamin C	0%
Thiamine	8%	Riboflavin	4%
Niacin	4%	Calcium	0%
Iron	4%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, NONFAT MILK, SOYBEAN OIL, SOUR CREAM (CREAM, CULTURED NONFAT MILK, LACTIC ACID, ALPHA TOCOPHEROLS AS PRESERVATIVE), DEXTROSE, EGG YOLK, SOY FLOUR, COTTONSEED OIL, WHEAT STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE), WATER, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR, CELLULOSE GUM, MONO & DIGLYCERIDES, SODIUM DIACETATE (AS PRESERVATIVE), MALTODEXTRIN, FOOD STARCH-MODIFIED, CORN OIL, BETA CAROTENE AS COLOR, CORN STARCH, PROPYLENE GLYCOL, ALPHA TOCOPHEROLS AS PRESERVATIVE, CITRIC ACID. 022508

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, EGGS, SOY)

Note: Nutrition statement and ingredient legend are for a finished product following label directions. Because shop conditions will vary, you may wish to confirm nutrition with an accredited laboratory.

Note: This nutritional analysis has been generated by the Dawn Label Ready™ Program. Dawn Food Products, Inc. cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Dawn Food Products, Inc.

